

# Activity Book

## Answer Key

### 1) AHS

Why is the word 'ambulance' printed backwards on the front of the vehicle?

**ANSWER: So, the driver can read it in their rear-view mirror**

### 2) Calgary Animal Services

What are the four areas on cats and dogs that we should look at when observing their body language?

- Ears,
- Eyes
- Tail
- Mouth
- ANSWER - All the above!**

What body language signals might a dog that is afraid show? (Hint – think red behaviours) You will observe body language signals like which of the following:

- Animal seems tensed (standing still and stiffened muscles)
- Hair standing up on their back,
- Teeth showing, tucked tail,
- Whale eye (eyes wide open with the white part showing),
- Cowering/hunched back, stiff body and staring,
- Ears pulled back,
- ANSWER - All the above!**

Cats and dogs communicate their feelings through body language. Why do animals sometimes bite?

**ANSWER: Humans are ignoring the animal's body language that is communicating that the animal is uncomfortable or afraid.**

TRUE or FALSE: Storm ponds are human made ponds and people should stay back and stay off.

- True**
- False

### 3) Calgary Fire Dept. – Water & Ice

Fill-in the blank: When floating on the rivers in Calgary you must have \_\_\_\_\_ for each person and a \_\_\_\_\_.

- Life jacket**
- Sweater
- A pillow
- A boat safety kit**

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When attempting to rescue someone in a water emergency, what is the safest rescue step?

- Talk to the person & coach/encourage self-rescue.**
- Throw something that floats to the person.
- Reach for them and pull them to safety.
- Go in the water and swim out to them.

What is the first question you will be asked when you call 911?

- “In what town or City?”**
- “What is your phone number?”
- What is your name?”

### 4) Calgary Fire Dept. – Fire Safety

How fast can fires double in size?

- 5 minutes
- 10 minutes
- 30 seconds**
- 1 minute

How many minutes do you have to get out of your home if you have a fire?

**ANSWER: 3 minutes**

Use water to put out a grease or oil cooking fire?

- False**
- True

How do pulleys help make a rescue easier?

**ANSWER: 3 minutes They help make a load lighter by spreading the weight over a larger distance, make things lighter, easy to lift things, spread the weight out.**

### 5) Calgary Fire Dept. – Bullying

Which of these are types of bullying?

- Physical
- Verbal
- Cyber
- Harassment
- All the above**

What does I.P.A. stand for?

**ANSWER: Initial Positive Action**

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What are the 3 elements of the Bullying Triangle?

**ANSWER: Negative behavior, repetition, imbalance of power**

### 6) Calgary Emergency Management Agency – Preparedness

What is one item that should be in all emergency preparedness kits?

- Ladder
- Fresh fruit
- Bottled water**
- Canoe

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### 7) Calgary 911

Can you name 1 Calgary landmark that appears in the presentation?

**ANSWER: Calgary Tower, Olympic Oval, or Repsol Place**

If you call 9-1-1 and tell us the name of your school, is that enough information to send help?

**ANSWER: Yes**

Can I call 911 even if I speak another language?

**ANSWER: Yes**

### 8) Centre for Sexuality

Which of the following is NOT a learning, friendship or media right?

- a. Respect
- b. Privacy
- c. Integrity**
- d. Fun

Which of the following sentences is the correct use of the communication tool?

- e. I feel (emotion), when you (action) , can you stop (solution)?
- f. I feel (emotion) when you (action).
- g. I feel (emotion), when you (action), can we/you (solution)? How do you feel about that (check in)?**
- h. I feel (emotion) when you (action). How do you feel about that (check in)?

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### 9) City of Calgary, Climate & Environment - Food Resilience Program

True or False: Our food system in Calgary is part of a global food ecosystem!

**ANSWER: True! Calgarians rely on many parts of the world to help us all eat a healthy, culturally, dignified, and complete diet.**

What are the 3 A(s) of a resilient food system?

**ANSWER: Availability, Accessibility, Acceptability**

What does it mean when food is 'acceptable'?

**ANSWER: Meets the cultural, nutritional, and dietary needs of Calgarians**

**\*\*\* This means that you can readily celebrate your cultural identity or that of others, you feel energized, and your body gets all of the nutrients needed to function day-to-day, your body feels sustainably healthy and energized by your food! 😊**

### 10) Calgary Drop-in

Which of the following options best describes the Drop-In Centre?

- A place where families experiencing homelessness can have their basic needs met.
- A permanent shelter where people can call home.
- A temporary shelter that provides basic needs and helps people find housing.**
- A shelter for youth experiencing homelessness to stay warm and be provided with meals.

A person without a fixed address is living temporarily with a friend. Where do they fall on the continuum of homelessness?

- Unsheltered
- Emergency sheltered.
- Provisionally sheltered.**
- At risk of homelessness

### 11) Inside Education

What natural resource is used to generate most of Alberta's electricity?

**ANSWER: Natural gas**

What should you always do before fixing an electronic?

**ANSWER: Unplug it**

What is one way you can be a good steward by using less electricity?

- Turn of the lights.

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- Play outside.
- Read a book.
- All the above**

### 12) Calgary Police Services – Youthlink

What can you see on someone's social media page even if their account is private?

**ANSWER: Profile picture and biography**

What information should you NOT share online?

**ANSWER: Home or e-mail address, phone number, school name, and family information.**

What should you do if you see inappropriate content online and you are not too sure what do?

**ANSWER: Talk to a safe and trusted adult.**